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# MIND MAPPING "MY DILEMMA"

# 1. RETRIEVE YOUR "MY DILEMMA" WORKSHEET FROM LESSON 4.1.

## 2. USING THE FOLLOWING ROUTINE, AS A CLASS YOU WILL DISCUSS THEMES AMONG YOUR PERSONAL DILEMMA STORIES. USING YOUR STORIES AS GUIDES, WHAT FACTORS LEAD YOU TO MAKE A CERTAIN DECISION WHEN FACED WITH A DIFFICULT SITUATION?

*Brainstorm:* Your instructor will record all answers for class. You and your fellow classmates may question one another's answers for clarity, but please try not to judge responses during the brainstorm activity.

*Connect*: Try to draw connections between the items listed from your class discussion. Make groupings or headings for similar items. Discuss what makes certain items valuable as ways of understanding decision-making habits.

Examples of factors that could be discussed:

- Expectations of others
- Responsibilities to myself, my family, my community, others
- Rules I have to follow
- Honoring friendships

- Loyalty to individuals or groups
- A greater calling to do a social good
- Etc.

### 3. NEXT, ON A BLANK PIECE OF PAPER OR NEW DOCUMENT, CREATE A "MIND MAP" OR GRAPHIC REPRESENTATION OF THE INFLUENCES THAT GUIDED YOUR DECISION IN YOUR DILEMMA.

THE "MIND MAP" CAN TAKE MULTIPLE FORMS:

- A "web" with written bubbles describing the dilemma and influences
- A drawing that displays the situation and influences pictorially
- A comic strip explaining particular moments and factors that led to the decision
- A chart with an explanation of each influence
- Etc.

ADD THE COMPLETED DOCUMENTS TO YOUR GOOD WORK PORTFOLIO.

### 4. YOUR TEACHER WILL CALL THE CLASS TOGETHER FOR A DISCUSSION. YOU ARE ENCOURAGED TO CONTRIBUTE YOUR STORY IF COMFORTABLE.

DISCUSS THE FOLLOWING QUESTIONS AS A CLASS:

- What did you notice about how you make decisions?
- Was anything surprising to you about the factors involved in making decisions?
- How do you think you will apply what you did today to your life when you make future decisions?