NAME:

DATE:



CHALLENGING CHOICES

1. TAKE A FEW MINUTES TO THINK ABOUT TWO SITUATIONS IN WHICH YOU EXPERIENCED TENSION WITH A CLASSMATE, A TEACHER, A PARENT, OR WITHIN YOURSELF:

- ONE SITUATION IN WHICH YOU WERE HAPPY WITH HOW YOU HANDLED THIS TENSION.
- ONE SITUATION IN WHICH YOU WERE NOT SATISFIED WITH HOW YOU HANDLED THIS TENSION.

2. CONSIDER THE TWO SITUATIONS AND RESPOND TO THE FOLLOWING QUESTIONS:

- WHO WERE THE PARTICIPANTS? WHAT WERE THEIR ROLES AND RESPONSIBILITIES? HOW MIGHT THESE ROLES AND RESPONSIBILITIES INFORM A PARTICULAR OPINION OR PERSPECTIVE ON THE GIVEN SITUATION?
- WHAT FACTORS DID I WEIGH IN MAKING MY DECISION?
- WHAT WOULD I DO DIFFERENTLY NOW?
- WHAT SEPARATED THE SITUATION WHERE I WAS PLEASED WITH MY RESOLUTION FROM THE ONE WHERE I WAS DISSATISFIED?

DISCUSSION QUESTIONS

How did the way I handled these incidents influence others? How did others influence my decisions about what to do?