

NAME:

DATE:

MY DILEMMA

1. CHOOSE ONE OF THE FOLLOWING SITUATIONS FROM YOUR OWN LIFE:

A TIME WHEN YOU FELT YOU WERE ABLE TO PAUSE AND REFLECT BEFORE MAKING A DIFFICULT DECISION

A TIME WHEN YOU FELT YOU DIDN'T HAVE THE OPPORTUNITY TO REFLECT BEFORE MAKING A DIFFICULT DECISION

2. DESCRIBE THE SITUATION AND WHAT MADE IT A DIFFICULT DECISION.

3. IF YOU HAD THE OPPORTUNITY TO REFLECT, HOW DID YOU REFLECT? IF YOU DIDN'T HAVE THE OPPORTUNITY TO REFLECT, WHY DID THE SITUATION NOT ALLOW YOU TO DO SO?
