

University Seminar for Nursing Students Fall 2009

Syllabus and Course Information

M – W 12:00 TO 12:50

PROFESSOR: Dr. Joan Miller, Department of Nursing
Room 3127, McCormick Health Science, 389-4608
jmiller@bloomu.edu

OFFICE HOURS: Mon – Wed 12:30 – 2:30 McCormick Health Science 3127
Tue – 6:30 – 7:30 in:
119 Columbia Hall Residence
Living and Learning Community Center

Additional hours by appointment.

REQUIRED READINGS: Class Notes derived from *Becoming a Master Student* 11th edition by Dave Ellis. All class notes will be posted on Blackboard.

OTHER REQUIRED MATERIALS: **Weekly Journal**
 Good Work Course Pack

COURSE OBJECTIVE: The purpose of the University Seminar for Nursing Students is to create an opportunity for students to explore academic and personal tools that will help them enhance their strengths, acknowledge and develop their weaknesses, and learn major concepts associated with the performance of good work in one's chosen field.

PHILOSOPHY FOR SUCCESS:

1. **There are no secrets.** Each student has the capacity to succeed as a student. There really are no “secrets” to getting the most out of one's college experience. All a student needs is to set goals and strive to perform work that is excellent in quality as well as socially and morally responsible.
2. **There are no victims.** Blaming oneself, others, or circumstances for failure does not empower one in his or her journey toward success. Each student is responsible for his or her academic and personal choices.
3. **There are no solos.** Faculty and staff at BU take great pride in providing resources and networking opportunities for students. Students are responsible for using the resources and opportunities to ensure success.

EVALUATIONS AND GRADING:

Homework Assignments (TBA): 20%
Class Participation: 20%
Part Two Journal Reflections: 60%

NOTE: The professor reserves the option to consider total course performance, and class participation for any student falling near the border of the next higher letter grade.

Homework Assignments: Homework assignments must reflect critical thinking and thoughtfulness. Assignments must be submitted as designated on the class schedule or under 'Announcements' on Blackboard.

Class Participation: As a learning community, students will decide what constitutes effective class participation. Students who honor "the rules" will receive full credit.

Journal Reflections: Each journal entry should be approximately one page in length. Journal reflections should demonstrate reflection on relevant questions that will be posted on Blackboard. Journal entries will be reviewed for content, spelling, grammar, clarity, and flow.

ATTENDANCE POLICY- Hopefully students will find this course useful and will want to attend. Unexcused absences will affect course grade as follows.

2 unexcused absences = -1 letter grade
3 unexcused absences = -2 letter grades
4 unexcused absences = -3 letter grades
>4 unexcused absences = course grade assignment of 'E'

CLASS CANCELLATION: *Please watch both the BU website and Blackboard for announcements.*

SPECIAL NEEDS STUDENTS: Please see the professor and the Office of Accommodative Services ASAP if you have special needs for this class.

Bloomsburg University
 Bloomsburg, Pennsylvania 17815

**University Seminar for Nursing Students 09-100
 Fall 2009**

Class Schedule and Topics

Date	Topic	Assignment	Activities
Part One Monday 8/31	Orientation to Course Learning Styles	Review University Catalogue, Pilot, Web Site Review Class Notes posted on Blackboard.	Orientation to Blackboard Complete Learning Style Inventory
Week One Wednesday 9/2	Library Orientation Tutorial Instruction	Review preparation assignment on Blackboard	Complete In-Class Assessment Tool
Week Two Monday 9/7 Labor Day No Class		Prepare for Wednesday Review Class Notes posted on Blackboard	Reflect on your sources of motivation
Week Two Wednesday 9/9	Discovery Change Motivation New Ways of Thinking	Review Class Notes posted on Blackboard. Writing Assignment	Submit a 250-word paragraph describing your greatest source of motivation for becoming an excellent student. How do you deal with lack of motivation?
Week Three Monday 9/14	Note Taking Test Anxiety	Review Class Notes posted on Blackboard.	Complete the online library tutorial. Check Blackboard for link. Practice in-class note taking
Week Three Wednesday 9/16	Setting Goals	Review Class Notes posted on Blackboard.	Index Card: Short and long-term goals Guest speakers
Week Four Monday 9/21	Relationships and Communication: What to Keep in Mind	Review Class Notes posted on Blackboard.	Class discussion: ways to resolve conflict while preserving relationship
Week Four Wednesday 9/23	Staying safe and healthy on campus. Managing Stress.	Review Class Notes posted on Blackboard.	Guest speakers TBA. Interview assignment. See Blackboard for instructions.

Date	Topic	Assignment	Activities
Part Two Week Five Monday 9/28	What is Good Work?	Review Case: <i>The "Right" Decision</i> Journal entry	Think-Pair-Share
Week Five Wednesday 9/30	Beliefs and Values	Review Case: <i>Empathy: How Much Is Too Much?</i> Journal Entry	Values Sorting Activity
Week Six Monday 10/5	Goals	Review Case: <i>Beyond the Science Club</i> Journal Entry	Discussion: Opportunities and Obstacles for Goal Achievement
Week Six Wednesday 10/7	Responsibilities	Review Case: <i>Divided Loyalties</i> Journal Entry	Discussion: The Nursing Profession: Potential Conflict among Loyalties
Week Seven Monday 10/12	Role Models and Mentors	Review Case: <i>What's a Mentor?</i> Journal Entry	Discussion: My Number One Role Model
Week Seven Wednesday 10/14	Excellence	Review Case: <i>Unwavering Standards</i> Journal Entry	Discussion: Excellent Work in Nursing: A Contemporary Example
Week Eight Monday 10/16	Perspectives	Review Case: <i>No 'I' in 'Team'</i> Journal Entry	Focus on Journal Entries
Week Eight Wednesday	Good Work Revisited	Review Case: <i>Discovering Enjoyment</i> Journal Entry	Celebrate Your Good Work: Refreshments!